

Who has checked this project?

This project has been checked by the University of Oxford Central University Research Ethics Committee.

Who is paying for this project?

This project is being paid for by the Wellcome Trust, a charity that pays for research to improve health.

Will taking part affect my education?

No, your teacher will teach the same lessons whether or not you decide to take part in the project.

MYRIAD Trial Management

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Photo: Kent ISD

Thank you for reading this

What do I do now?

Please feel free to talk to your parents, carers or teachers about this project. You will be asked to sign an 'assent form' to agree to take part in the project.

We hope you will agree to take part, but you do not have to.

At the end of the research we will write to your school about what we find out in the project. You are welcome to read this if you are interested.

This project is part of a larger collaboration between the University of Oxford, the MRC Cognition and Brain Sciences Unit, University College London, the University of Exeter, and King's College London.



Young person's information sheet

Photo: Alamy

We are working on a research project at the University of Oxford called MYRIAD. We would like to invite you to take part, but first we will explain what the research is all about. It is important that you understand what the research is about, and what it involves.

If you have any questions please ask your teacher or get in touch with us.

Do I have to take part?

You **do not have to take part** in this project. You can choose whether you take part and you can change your mind later if you decide you want to stop, without giving a reason.

This will not affect your education in any way.

What is MYRIAD?

MYRIAD is a research project.

MYRIAD stands for **My Resilience In Adolescence**. Resilience is the ability to adapt in the face of difficulties. We are interested in how schools promote young people's wellbeing and resilience.

In this project we will compare different types of emotional health and wellbeing lessons taught in schools.



What will I be asked to do?

You will be asked to agree to take part. As part of this project, we will ask you to answer some questions in this school year.

Some classes will have extra research visits starting from next year. These classes will be chosen randomly and won't be based on how you answer the first questionnaires. We will visit these classes **four** more times. This will be **twice next year, once** in the school year **after that** and **once** in the school year **after that**. In total this would be over 3 school years.

Researchers will visit your school and ask you to answer these questions either online or on paper. The whole class will do the questionnaires at the same time. You will complete your own questionnaire. These questions will include asking about your feelings, how you interact with other pupils and your stage of physical development.

If you move away or leave the school we would ask you to still stay involved, but it would be up to you whether you wanted to do this or not.

What will happen to your information?

If you choose to take part you will be given your own unique ID number and we will use this to match up all the information you provide during your time in the project. Anyone who looks at the project information will have promised to keep the information private. The results of the project will not use your name and no one will be able to tell what you had said in the questionnaires you have completed. Once the project is completed we may release the project data to other researchers or commercial developers but only in a way it is impossible for them to tell who had taken part.

Because we are keeping your research information private we will not share what you tell us on the questionnaires with anyone, even if you tell us you are having difficulties. However, if you choose to tell us something via telephone, letter, email or face-to-face which made us think that you, or someone else, was at risk of serious harm, we might have to tell someone else about this. If this happened we would talk to you and only share information to keep you safe. Each time we visit we will give you information about places that you can contact if you need help or support. You can also talk to either a teacher or one of the researchers visiting your school.

Benefits of taking part

Possible Risks: There are no known risks in this project.

Possible Benefits: You and your school will help us learn more about the best ways to help people face the challenges of adolescence.

Filming teachers in the classroom

In some schools, teachers will be asked to film themselves teaching. Researchers will watch these videos. We are only interested in how the teachers are teaching the lessons. However, you may notice the camera, and there is a small chance you may be caught on film. If this happens we will delete any pictures of you soon after we receive the film, and no one outside the research team will see your picture.

What if you have a question?

If you have any questions about the project, please speak to your teacher

OR

You can also contact the project team (01865 613 164 or myriad@psych.ox.ac.uk) who will do their best to answer your questions.

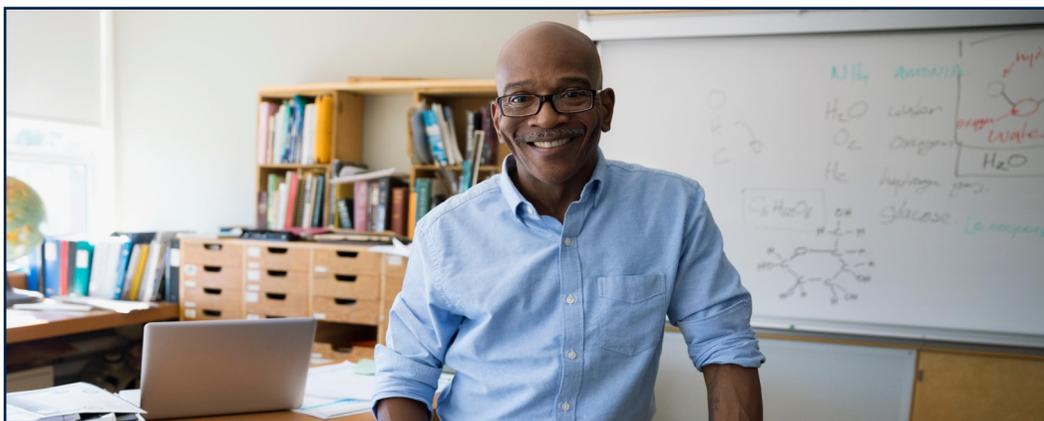


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