



Welcome to Edition 3 of the MYRIAD Newsletter

Welcome to the third edition of the MYRIAD newsletter. We hope the Autumn term is going well and you are now looking forward to the holidays.

Here at MYRIAD HQ, we have been organising and conducting our latest round of data collection and inspiring pupils with an interest in science and research through our research-based workshops. We would like to say a big thank you to those schools who have already hosted our visits and particularly to the Research Leads who have been working hard to make the necessary arrangements. We are looking forward to seeing the remaining schools over the next few weeks.

PSHE

We would like to thank the members of staff who have taken the time to share their school's PSHE provision with the MYRIAD team. This discussion forms an important part of our research and we will be sharing more about this in our next newsletter.

New MYRIAD website

We are excited to announce that our [new website](#) has recently been launched. It contains information about the project with dedicated areas for schools, parents and carers, and pupils, as well as sections on news, public engagement and our team members.

Teachers completing questionnaires

One important aspect of our research involves looking at teacher wellbeing. We are incredibly grateful to our **study teachers** who are completing measures about themselves this term. Thank you to those who have already done this; the more responses we receive, the more representative our understanding of teacher well-being will be. Every teacher is different and in order to fully capture these differences, we will ideally hear from all of our study teachers.

We are also asking **teachers to complete measures about participating pupils** this term. Thank you to those teachers who have already completed these; we understand that this involves a time commitment so we really appreciate your valuable contribution to our research.

If you are yet to complete any of your measures, please can you try to complete them by the end of this term.

Public Engagement Update

We are delighted to tell you that we are introducing some new public engagement activities.

Co-researcher challenge: Pupils will have the opportunity to shape the research itself and find out what they want to know about adolescent well-being.

Pupils will be invited to suggest a question to be included in the MYRIAD pupil questionnaires at the later time points. A shortlist of these proposed questions will be put to a student vote. Data on the winning questions will be collected from study participants, fully anonymised and then provided back to schools.

Workshops on the teenage brain:

An interactive workshop for pupils is being developed. Pupils will be able to explore the structure of the teenage brain and find out how this affects their emotional and behavioural responses during adolescence. They will also have an opportunity to try out some research tests. There will be the option to extend and continue the research activities afterwards in class and participating schools will be provided with supporting teacher resources. More information will come out on this soon.

Research papers published by the MYRIAD team

Allwood M, Allen K, Price A, Hayes R, Edwards V, Ball S, Ukoumunne OC & Ford T (2018). The reliability and validity of the pupil behaviour questionnaire: a child classroom behaviour assessment tool, *Emotional and Behavioural Difficulties*, 1-11.

Ford T, Hayes R, Byford S, Edwards V, Fletcher M, Logan S, et al (2018). The effectiveness and cost-effectiveness of the Incredible Years® Teacher Classroom Management programme in primary school children: results of the STARS cluster randomised controlled trial. *Psychological Medicine*, 1-15.

MYRIAD
My resilience in adolescence

Get to Know the Team

Q & A with Matt Allwood, MYRIAD Research Assistant



How did you come to work on the MYRIAD project?

Before MYRIAD I worked on a child mental health project working with primary schools in Devon. This project aimed to see if attending a Teacher Classroom course could increase teachers' skills in classroom management, and behaviour and learning. This really showed me the importance of school-based interventions, especially in having an impact on young people's mental health. I was therefore very interested in joining the MYRIAD team as it is the largest project of its type currently running in the country.

What does your role in the project involve?

My main role in the project is to liaise with schools to organise our visits for data collection as well as ensuring schools are up to date with the progress of the project. I also work with the Peninsula Clinical Trials Unit to help maintain the system used for data collection by both pupils and teachers.

What is the best thing about your role?

My favourite part of the job is traveling around the country visiting all the different secondary schools and working with the pupils. One of the most interesting parts of my role is sorting, entering and cleaning the data ready for analysis.

What do you like to do in your spare time?

I enjoy getting back to the Devon coast and Dartmoor whenever I can. When home I enjoy baking for friends and family and reading true crime stories.

Changes to the MYRIAD Team

We were sad to say goodbye to Triona Casey in August. Her kindness, dedication and positivity is much missed. We would like to thank her for her hard work on the project and wish her all the best for the future in her new clinical research role.



We welcomed two new Research Assistants to the team in August. Both Eleanor Corney (left) and Isobel Pryor (right) have backgrounds in teaching and we are delighted to have them working with us.

Celebrating our Partnership

We are keen to celebrate our partnership with our schools and can offer a range of resources and activities. Please speak with your MYRIAD Research Assistant if your school would like any of the following:

- Workshops or assemblies
- MYRIAD banner (pull-up or railings)
- Logos for your website
- A document showing links between your participation in the MYRIAD Project and SMSC
- Evidence for GATSBY benchmarks
- Further information regarding links with the University of Oxford.

Any Questions?

If you or staff, pupils, parents or other members of your school community have any questions about the project please get in touch with the MYRIAD team at myriad@psych.ox.ac.uk.

Upcoming Events

The Association for Science Education (ASE) Conference runs from 9th to 12th January in Birmingham. If you'll be attending on the Saturday, please stop by and say hello as MYRIAD will be there with a workshop at 13:30! You can find more information here: www.ase.org.uk/annual-conference

Links with the University of Oxford

The Teachers' Newsletter is a regular update of key news and events about applying to the University of Oxford.

You can sign up here:

www.ox.ac.uk/admissions/undergraduate/applying-to-oxford/teachers/teachers-e-newsletter-0?wssl=1

Podcasts, Radio, Television

The Educators (BBC Radio 4)

www.bbc.co.uk/programmes/b04dw_bkt/episodes/downloads

Interviews with people who have innovative ideas about education.

Oxford Sparks

www.oxfordsparks.ox.ac.uk

A bank of online resources from the University of Oxford, including animations, podcasts, competitions and resources for teachers.

Futuremakers

<https://audioboom.com/channels/4973983>

Listen to academics from the University of Oxford discuss key issues which will shape the future of the world we live in.

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Best wishes for the
festive season!