

Thank you!

This will be the last time we will ask you to answer questions for this project. We would like to thank you for participating in the MYRIAD project. The answers you give to our questions will help us learn more about the best ways to help people face the challenges of adolescence.

Later on we will write to your school about what we have found out in the project. You are welcome to read this if you are interested.

What happens next?

Although this project has now finished, we have really enjoyed working with you and may come back to see you again in the future to ask if you would like to take part in other projects we are working on.

MYRIAD Trial Management

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MYRIAD Trial Manager

University of Oxford



wellcometrust
Strategic Award



Photo: Kent ISD

Thank you for reading this



Young person's information sheet

Photo: Alamy

We are working on a research project at the University of Oxford called MYRIAD, which you have previously agreed to take part in.

It is important that you understand what the research is about, and what it involves so this information sheet will remind you.

If you have any questions please ask your teacher

Do I have to take part?

You **do not have to continue to take part** in this project. You can choose whether you take part and you can change your mind later if you decide you want to stop, without giving a reason.

This will not affect your education in any way.

What is MYRIAD?

MYRIAD is a research project.

MYRIAD stands for **My Resilience In Adolescence**. Resilience is the ability to adapt in the face of difficulties. We are interested in how schools promote young people's wellbeing and resilience.

In this project we will compare different types of emotional health and wellbeing lessons taught in schools.



What will I be asked to do?

Similar to when we have come to your school before, you will be asked to answer some questions either online or on paper. The whole class will do the questionnaires at the same time. You will complete your own questionnaire. These questions will ask about things including your feelings, how you interact with other pupils and your stage of physical development. Some new questions have been added relating to the coronavirus pandemic.

Benefits of taking part

Possible Risks: There are no known risks in this project.

Possible Benefits: You and your school will help us learn more about the best ways to help people face the challenges of adolescence.

Who is paying for this project?

This project is being paid for by the Wellcome Trust, a charity that pays for research to improve health.



Photo: Alamy

Who has checked this project?

This project has been checked by the University of Oxford Central University Research Ethics Committee.

What do I do now?

Please feel free to talk to your parents, carers or teachers about this project. If you would like to continue taking part, you will be asked to sign an 'assent form'.

What if I have a question?

If you have any questions about the project, please speak to your teacher or you can also contact the project team (01865 613 164 or myriad@psych.ox.ac.uk) who will do their best to answer your questions.

What will happen to your information?

As you previously agreed to take part, we have given you your own unique ID number and we will use this to match up all the information you provide during your time in the project. Anyone who looks at the project information will have promised to keep the information private. The results of the project will not use your name and no one will be able to tell what you have said in the questionnaires you have completed. Once the project is completed we may release the project data to other researchers or commercial developers but only in such a way that it is impossible for them to tell who has taken part.

Because we are keeping your research information private we will not share what you tell us on the questionnaires with anyone, even if you tell us you are having difficulties. However, if you choose to tell us something via telephone, letter, email or face-to-face which makes us think that you, or someone else, is at risk of serious harm, we might have to tell someone else about this. If this happened we would talk to you and only share information to keep you safe. When we visit we will give you information about places that you can contact if you need help or support. You can also talk to either a teacher or one of the researchers visiting your school.

Data protection

The University of Oxford is the data controller with respect to your personal data, and as such will determine how your personal data is used in the study.

The University will process your personal data for the purpose of the research outlined in this information sheet. Research is a task that we perform in the public interest.

Further information about your rights with respect to your personal data is available from <http://www.admin.ox.ac.uk/councilsec/compliance/gdpr/individualrights/>



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